

2022 MIAC Cross Country Championships

October 29th - 29th, 2022

Highland 9 Cross Country Trailhead

Featured Links

Championship Information

Google Maps Directions

Parking

Course Map

2022 Men's Top Times

2022 Women's Top Times

Men's Championship History

Women's Championship History

Men's Record Book

Women's Record Book

Men's Archives

Women's Archives

Policies



LIVE RESULTS

Live results will be available on race day courtesy of [Wayzata Results](#).

Women's Race: 6k | 11 a.m. | [Preview](#) | [Parking](#) | [Course Map](#) | [Results](#) | [Recap](#) | [Photos](#) |

Men's Race: 8k | 12 p.m. | [Preview](#) | [Parking](#) | [Course Map](#) | [Results](#) | [Recap](#) | [Photos](#) |

ADMISSION

There is no admission fee to attend the MIAC Cross Country Championships. All spectators should read the MIAC Cross Country [Championship Information Sheet](#) for details on parking and expectations.

DIRECTIONS

Participants



Augsburg University



Bethel University



Carleton College



College of Saint Benedict



Concordia College



Gustavus Adolphus College



Hamline University



Macalester College



Saint John's University



Saint Mary's University



St. Catherine University



St. Olaf College



The College of St. Scholastica